

Category	Specific Area
CPD	External training courses
	upskilling staff to deliver swimming lessons
	Internal learning and development
	Inter-school development sessions
	Online training/resource development
	External Coaches supporting confidence and competence
	Total CPD Spend
Internal Activities	School-based extra-curricular clubs
	Internal sports competitions
	Top-up swimming/broadening aquatic opportunities
	Active travel initiatives
	Equipment and resources
	Membership fees
	Educational platforms and resources
	Total Internal Spend
External Activities	Organised by SGOs
	Other inter-school sports competitions
	External coaching staff
	Total External Spend
Overall Totals	Total Funding Received
	Total PE & Sport Premium Spend
	Total Remaining



The refreshed Youth Sport Trust membership proposition for 2025-2026 'The Club' is designed to connect, equip and inspire the PE profession. It's all about helping your school and in the wider community. Find out more about joining The Club here:

<https://www.youthsporttrust.org/school-support/the-club>



The Well Check is a free to access diagnostic tool that enables schools to assess their schools 40 questions across the four pillars of a Well School; Well Culture, Leadership, Development Plan which will contain recommendations of how to develop and improve your Well School.

<https://www.youthsporttrust.org/school-support/well-schools>

Example	Autumn (£)	Spring (£)	Summer (£)	Yearly (£)
PE conference or external provider training			OPAL £6000	
Swim England course for staff				
Staff PE twilight sessions	PE HUB	£350		
Joint training with local schools				
Webinars or modules completed online				
Upskilling teachers by team teaching in PE				
	0	350	0	350
Lunchtime or after-school clubs				
Sports day, house tournaments	SBITC	£4,440		
Targeted swimming for Year 6				
Walk to school campaign		mile	350	
PE equipment: balls, nets, bibs			2751.89	
afPE, YST	SG £475	SEND	£450	
Digital curriculum resources				
	0	4440	3551.89	7991.89
Festivals, workshops, or CPD by SGO		cycling	1235	
Competitions organised by SGO	swim£1405.3	travel	2,598.39	
Hired coaches for specific sports		external	6716.69	
	0	0	10550.08	10550.08
(Insert total from DfE)				17350
	0	4790	14101.97	18891.97
				-1541.97

'ub' provides individuals, schools and groups of schools with a dynamic virtual community you to champion the value of PE, school sport and physical activity (PESSPA), both within your

ss their current status against the Youth Sport Trust Well Schools framework. The check ask
d Well, Move Well, Live Well. Upon completing your Well Check you will receive a tailored
improve your provision to enable all young people in your setting to access the benefits of an active



association for
PHYSICAL EDUCATION