

Physical Education



The national curriculum for physical education aims to ensure that all pupils develop competence in order to excel in a broad range of physical activities, ensure children are physically active for sustained periods of time, encourage children to engage in competitive sports and activities and promote ways in which children can lead healthy, active lifestyles.

The school encourages all children to participate in sport in order to develop an appreciation of teamwork, a respect of and tolerance of the abilities of others and an awareness of opportunities to enjoy fulfilling leisure activities.

The P.E programme is designed to make full use of the school's excellent facilities comprising of a large playing field and a modern hall, and includes development of skills using large and small apparatus, ball skills, team games and dance. Swimming takes place weekly, at the Excell Centre, for pupils from Year 3, 4 and 5. P.E lessons for the Foundation Stage and Key Stage One and Two are led by fully qualified coaches. Key Stage Two benefit from a weekly lesson with Commando Joe who teaches skills such as agility, perseverance, team building, ambition and respect.

Many sporting extra-curricular activities are available such as football, hockey, netball, dance, archery, tennis and climbing as well as a family 'fun and fitness' workshop with Commando Joe. A number of these activities are provided in partnership with fully qualified coaches who are brought in to provide expert tuition.

Team games are played in season, both within the school and against teams from neighbouring schools.

All children are expected to take part in P.E and swimming unless we receive a note from parents or a doctor.

